



EARLY CHILDHOOD CONFERENCE 2022

Stress to Resilience for Children and Caregivers

Saturday, February 19, 2022

8:30 a.m. – 12:00 p.m. (CST.)

Collaborate · Learn · Earn 3 CEUs!

Choose how you attend!

In-Person

Northcentral Technical
College - Wausau, WI

Virtual

Online via Zoom at
your own location

Meet this year's presenters:



Dr. Susan Messerly, DO

As a retired Pediatrics Specialist, Dr. Susan Messerly has over 45 years of experience in the medical field. She graduated from Des Moines U, College of Osteopathic Med/Surg medical school in 1983.



Rachel Zentner, LPC

Rachel Zentner has been in the counselling field since 2005 with experience in in-home family therapy, non-profit correctional work and outpatient practice where she sees individuals and couples.



Cost:

★ **Early Bird: \$25** Register by February 1st

General Admission: \$35

**Registration information
on back!**

CONTACT US FOR MORE INFORMATION:



715.803.1020



ce@ntc.edu



**WORKFORCE TRAINING +
PROFESSIONAL DEVELOPMENT**

Early Childhood Conference 2022 - Agenda

8:00 a.m. - Registration & Refreshments

8:30 a.m. - Welcome

8:40 a.m. – 10:40 a.m. - Enhancing Brain Development for Greater Growth, Dr. Susan Messerly, DO

As we continue to learn about brain development we recognize early childhood environments and experiences provide the emotional framework or “scaffolding” that enables the development of all future brain function, especially learning. We will explore the concepts of early childhood experience, the effects of negative environments and trauma, and what we can do to promote the best brain growth for the preschool children in our care including caregiver bonding, positive reinforcement, connection and laughter.

10:50 a.m. – 11:50 a.m. - Engaging in Emotional Regulation, Rachel Zentner, LPC

What is emotional regulation and why does it matter for myself or the children in my care? Our environment and the stressors surrounding us have a significant impact on our emotional state, as well as on the emotions of children. We will learn about this concept and how to better address emotional regulation for ourselves in our roles as caregivers as well as tools to create emotionally safe environments and how play and positive surroundings can make an impact.



3 Ways to Register!

1. REGISTER ONLINE: <https://bit.ly/ECC2022ntc> **2. BY PHONE:** 715.803.1020

3. BY MAIL: Complete Registration form below with check payable to Northcentral Technical College

Mail to:

Northcentral Technical College
1000 W. Campus Drive, Wausau, WI 54401

***Registrations must be postmarked or submitted online by Feb. 1, 2022 for the Early Bird price of \$25.
Any date after Feb. 1 will be the general admission of \$35.***

More details will be provided by confirmation email prior to training

Early Childhood Conference 2022 Registration form

Name: _____ Date of Birth: _____

Address: _____ City: _____ State: _____ Zip: _____

Email: _____ Phone: _____

How will you be attending? _____ In-person _____ Virtually

Is your employer reimbursing you for this event? _____ YES _____ NO

Cut out this portion out and include with payment