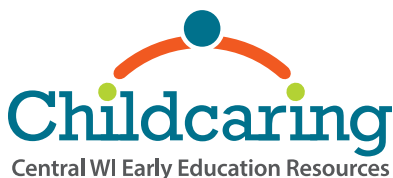


Issue #41

January, February, March 2020



850 Hwy. 153, Ste F
Mosinee | WI 54455

(Across from Central WI Airport,
Baymen Professional Building)

715.841.9490

1.800.628.8534

www.childcaring.org

info@childcaring.org



Office hours:

8:30am - 4:30pm

Additional office hours
available by appointment.

Our Mission

To enhance and support a quality
early childhood education system
by providing resource and referral
services to families, child care
programs, and communities.

The Resource Connection



2020 Early Childhood Conference: Nurturing Brain Development and Self-Care Saturday, February 15 (8:00am-4:30pm)

Registration for the 2020 Early Childhood Conference is open! Join early care professionals at the NTC-Wausau Campus to learn about how the brain impacts behavior, learning, and self-perception. Participants will also increase their awareness about how stress affects our body, thoughts, emotions, and

behaviors. Child care providers who pay attention to their own physical and emotional health are better able to provide quality child care.

In the morning session, Deborah McNelis, M. Ed will present, "Brain Insights: You REALLY Are Making a Difference." This presentation provides you with an easy to understand overview of brain basics from birth through adulthood. Then, in the afternoon session, "Taking Care of YOU: Body, Mind, Spirit", presented by: Debbie Moellendorf, participants will learn about managing life's challenges in healthy ways allows participants to take better care of themselves and their overall health.

Watch the *No Small Matter* documentary screening. With stories and surprising humor, this screening will address the critical importance of high quality affordable child care programs – for the current and future workforce; How investing in working parents and early childhood education yields high rates of return; The long term impact of early life experiences on brain development over a lifetime.

The conference includes lunch, the opportunity to visit with vendors, and door prizes (must be present to win)! The cost to attend the conference is \$40 (for up to 6.25 hours of continuing education). View the conference flyer here: <https://tinyurl.com/yx34rv6e> Register online at: <http://bit.ly/ECC2020ntc>. Questions? Contact Leslie Williams at 715.803.1301 or email williamsle@ntc.edu Registrations must be postmarked by Friday, February 7.

Conference Partners:



Serving: Adams | Clark | Langlade | Lincoln | Marathon | Marquette | Portage | Taylor | Waushara | and Wood Counties

YOUNGSTAR CORNER

CPSC Cautions Consumers Not to Use Inclined Infant Sleep Products

WASHINGTON, D.C. – The U.S. Consumer Product Safety Commission (CPSC) is warning parents and caregivers about the dangers of popular inclined sleep products for infants, citing the findings of a new study. The study is part of a growing body of evidence showing that inclined sleepers with higher angles do not provide a safe sleep environment for infants. Several inclined sleepers have previously been recalled by the CPSC.

The agency continues to emphasize that the best place for a baby to sleep is on a firm, flat surface in a crib, bassinet or play yard. Parents and caregivers should never add blankets, pillows or other items to an infant's sleeping environment. Babies should always be placed to sleep on their backs.

New Study Confirms: Babies Should Sleep on Firm, Flat Surface
CPSC received reports of 1,108 incidents, including 73 infant deaths, related to infant inclined sleep products that occurred from January 2005 through June 2019. CPSC hired independent expert Erin Mannen, Ph.D., a mechanical engineer specializing in biomechanics at the University of Arkansas for Medical Sciences, to conduct infant testing to evaluate the design of inclined sleep products. Dr. Mannen measured infants' muscle movements and oxygen saturation while in various products and positions, such as a flat crib, an inclined crib, and several inclined sleep products. Dr. Mannen found that none of the inclined sleep products her team tested is safe for infant sleep. Dr. Mannen's report was conclusive that products with inclines 10 degrees or less, with flat and rigid surfaces, are likely safe for infant sleep. Dr. Mannen also found that soft and plush-like sleep surfaces pose dangers to infants.

What Should Parents and Caregivers Do Now?

- Stop using infant sleep products with inclined seat backs of more than 10 degrees. Parents and caregivers should not use infant car seats, bouncers, and other infant inclined products for sleep, and should follow manufacturer instructions.
- Follow safe sleep advice. Bare is Best: Do not add blankets, pillows, or other items to the baby's sleep environment. Back to Sleep: Always place infants to sleep on their backs on a firm, flat surface.
- Check www.cpsc.gov often to see if your nursery products have been recalled, and promptly follow the recall instructions to receive a refund, replacement, or repair. Consumers who register their nursery products with the manufacturer's registration card (included with nursery items) can be contacted directly by the manufacturer if there is a recall.

Childcaring Announces 2019 Training Winners

*Congratulations **Christina Follen** and **Tamara Mueller***

Annually, Childcaring selects two training participants from the names of everyone who attended Childcaring trainings throughout the year. Past winners include: Desiree Garcia and Donna Stolze (2018); Vicki Humphrey and Whitney Frombach (2017); Jennifer Bond and Tara Mitte (2016); Jennifer Rasmussen and Sue Lee (2015); Laurie Konkol-Glodowski and Beth West (2014); and Donna Plahmer and Carolyn Zielinski (2013).

As the 2019 Childcaring training winners, **Christina Follen** and **Tamara Mueller** will receive a new children's book and a gift card! Congratulations!

Childcaring Staff

Kelly Borchardt ~ Executive Director

Micki Krueger ~ Assistant Director

Linda Francis ~ Office & Financial Manager

Audrey Bittner ~ Early Childhood Consultant/Trainer

Kristine Joyce ~ Early Childhood Consultant/Trainer

Mary Olson ~ Early Childhood Consultant/Trainer

Andrea Mueller ~ Early Childhood Consultant/Trainer

Lori Shafranski ~ Early Childhood Consultant/Trainer

Carrie Steinke ~ Early Childhood Consultant/Trainer

Kao L. Xiong ~ Early Childhood Consultant/
Trainer - Bilingual

Gayle Schiszik ~ Certifier/Pre-licensing Consultant

Rachele Johnson ~ Training/Program Coordinator

Tracy Verjinsky ~ Program Coordinator

Shelley Nelson ~ Referral & Communication Specialist

Tara Biebl ~ Resource & Referral Specialist

Provider Support / Advocate Groups

Adams, Clark, Langlade, Lincoln, Marathon, Marquette & Waushara County:

Contact Childcaring if interested in developing an advocate group at 800.628.8534

Portage County:

Portage County Child Care Association
Joan Garski at 715.341.5873

Portage County Leaders
RoxAnne Forrest at 715.346.4370

Taylor County: Meet the 3rd Monday of month
For more information, call Kelly Emmerich at 715.465.0993

Wood County:

Marshfield Area Child Care Association
Krisann Mauritz at 715.387.2218

Wisconsin Rapids Child Care Advocates Council
Jamie Lane 715.323.2546

Training Opportunities

Visit our online training calendar for the most up-to-date training opportunities.

Register Online for Childcaring Trainings

To register, please visit www.the-registry.org, click on Statewide Trainings and type the name of the training in the Keywords search.

If you're already a Registry Member, simply sign-in and proceed with the payment process. If you're not a Registry Member, create a free account to register. If you need other payment options, please call our office.

Please note, some trainings are not eligible for online registration and will be noted. Contact Childcaring to register.

*Teaching Begins With Observation - Online

This training will review the fundamentals of classroom observations.

- Thursday, January 9-Wednesday, January 15
\$20 / Register online by Thursday, January 2
This online course is self-paced for participants to complete within a seven-day period.

Engaging Teachers: Using Assessment and Observation to Plan for Learning – Online

*Teaching Begins with Observation is a pre-requisite to Engaging Teachers.

This training will help you determine the best assessment tool for your program, explain what observation is and when/how to use it, and how to engage families in this practice.

- Thursday, January 23-Wednesday, January 29
\$20 / Register online by Thursday, January 16
This online course is self-paced for participants to complete within a seven-day period.

Wisconsin Model Early Learning Standards ~ From Theory To Practice

During each training, participants will explore in depth the Wisconsin Model Early Learning Standards sub-domains, to maximize your understanding of how children approach their learning and their role in facilitating activities.

Good Shepherd Lutheran Church, Plover
6:00pm-9:00pm

- Thursday, January 9-Social & Emotional Development
- Thursday, February 13-Health & Physical Development
- Thursday, March 12-Language Development & Communication
- Thursday, April 2-Cognition & General Knowledge Development
- Thursday, May 14-Approaches to Learning Domain

Attend 1 or all 5! Attend more and save! ~ \$20 per training; \$40 for 3; \$60 for all 5! Registration due BEFORE January 2 to register for all 5 trainings (\$60) or one week before each start date. Contact Childcaring to register.

Strengthening Families in Early Care and Education - Online

This training will provide participants the connections between the factors that prevent child abuse and neglect and the strategies that quality early childhood programs can use to build them up.

- Thursday, February 6-Wednesday, February 12
\$20 / Register online by Thursday, January 30
- Thursday, April 2 – Wednesday, April 8
\$20 / Register by Thursday, March 26
These online courses are self-paced for participants to complete within a seven-day period.

2020 Early Childhood Conference: Nurturing Brain Development and Self-Care

- Saturday, February 15 (snow date February 22)
Northcentral Technical College, Wausau
8:00am-4:30pm
\$40 - lunch included / Register before Friday, February 7
To register: <http://bit.ly/ECC2020ntc>

Learning Environments and Curriculum Through the Lens of DAP

This training will provide participants with an in-depth review of the requirements for the developmentally appropriate environments as required by the YoungStar evaluation criteria.

- Monday, February 17 (6:00pm-9:00pm)
Immanuel Lutheran School, Medford
\$20/\$10 for Taylor County Providers (registration fee reduced by United Way of Taylor County)
Register by Monday, February 10

Stewards of Children with Mandated Reporter

Stewards of Children -Darkness to Light, is an evidence-informed training curriculum for adults to prevent, recognize and react responsibly to child sexual abuse. The Mandated Reporter Training recognizes that certain people in Wisconsin are required either by the state statutes or by an executive order of the governor to report suspected child abuse and neglect.

- Thursday, March 19 (6:30pm - 9:30pm)
North Central Health Care –Theater, Wausau
\$20 / Register by Thursday, March 12

Healthy Bites: Nutrition for Children – Presented in Hmong

This course will empower early care and education programs to improve the quality of the meals and snacks served by including foods recommended for proper growth and development for children ages 1 through 12.

- Saturday, March 21 (9:00am-12:00pm)
Childcaring, Mosinee
Contact Childcaring to register.

Shaken Baby Syndrome Prevention

This training will provide participants with an in-depth review on the identification, prevention and grave effects of SBS.

- Thursday, January 16 (10:30am-12:00pm)
Childcaring, Mosinee
\$15 / Register by Thursday, January 10
- Thursday, March 12 (10:30am-12:00pm)
Wood County River Block Building, Wisconsin Rapids
\$15 / Register by Thursday, February 27

CPR with AED

The training will provide participants with Infant, Child, & Adult CPR and automated external defibrillator training.

- Childcaring, Mosinee
6:00pm-9:00pm
\$45 / Book: \$5
- Wednesday, January 29
- Tuesday, February 25
- Wednesday, March 25
- Tuesday, March 31
Contact Childcaring to register.

Childcaring Open House & Ribbon Cutting Held



Thank you to the Mosinee Area Chamber of Commerce for holding a ribbon cutting at Childcaring.

Childcaring hosted an Open House October 17, 2019. The day celebrated early care and education. Early care professionals nurture and support our youngest learners and we want them to feel appreciated EVERY DAY. The theme of the day was to take some time to PLAY! To quote Fred Rogers, *"Play is often talked about as if it were a relief from serious learning. But for children, play is serious learning. Play is really the work of childhood."*

Stop in, visit, and pick up some "Thank You" Early Childhood Professionals stickers! Stickers are FREE and available at the Childcaring office. We hope to see the stickers being worn anytime, but especially on Child Care Provider Appreciation Day, May 8!

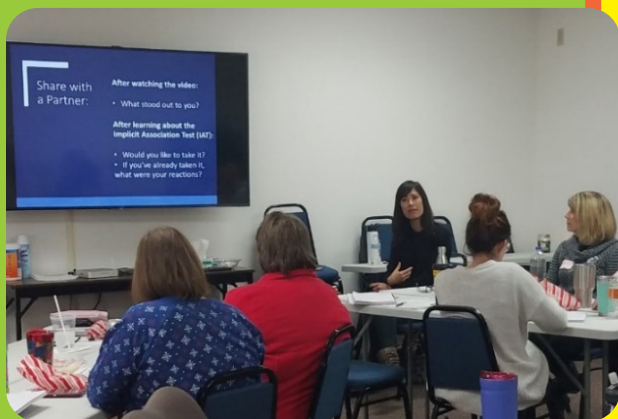


Childcaring Staff Professional Development Day

Naomi Takahashi Presented Navigating Triggers and Implicit Bias

At the Childcaring professional development day December 10, staff learned about what workforce triggers are; how to identify your own and others; as well as build skills around how to go about navigating them in the workplace.

Staff also learned about implicit bias and building awareness around equity by understanding how it impacts us at interpersonal, institutional, and systemic levels. In order to create any type of change in our work or workplace, we need to do thoughtful reflection around our own perceptions and biases and how this manifests in our daily work and interactions. New reflections and awareness on how to move from bias toward more equitable impacts and action was the goal.



Start Your Child Care Business Today

Providing child care is a valuable service to families and the community. If you, or someone you know, is interested in providing child care – We Can Help! Childcaring is offering FREE information sessions throughout the year to learn about providing child care. Please mark your calendar and share these dates:

Thursday, March 26 - Mosinee Childcaring Office

(6:00-8:00pm) 850 Hwy.153, Suite F,
Mosinee, WI 54455

Register by: Thursday, March 19

Thursday, April 9 - FVTC-Wautoma Regional Center

(6:00-8:00pm) 556 S Cambridge St.,
Wautoma, WI 54982

Register by: Thursday, April 2

Start-Up Grants Are Available

Attend a start-up session to learn more about start-up grant eligibility. Are you a newly regulated provider? Are there items you still need? If you became regulated within the past 6 months, contact us, as you may still be eligible to apply for a grant!

We are currently scheduling additional information sessions for the year. Check the Childcaring website for information session dates. Contact Childcaring to sign up for one of these free sessions (1-800-628-8534). Information Session dates will also be posted on the Childcaring FB page.



Newly Regulated Child Care Providers:

Traci Wisz

Family Child Care Provider
Kronenwetter

Lisa Seefeldt

Family Child Care Provider
Rothschild

Debra Schmidt

Family Child Care Provider
Hewitt

Caitlyn Peterson

Family Child Care Provider
Humbird

Nalee Lor Yang

Family Child Care Provider
Wausau

REGULATION RESOURCES:

Child Care Administrative Rule Update

The emergency rule went into effect 9/30/2019. The primary purpose of the rule change is to ensure that the department's rules affecting child care certification and licensing comply with the health and safety requirements in federal regulations based on the Child Care and Development Block Grant (CCDBG) Act of 2014. The rule changes incorporate new federal background check requirements into child care administrative rules (202, 250, 251, 252) and create DCF 13 as a new child care background check administrative rule in accordance with Wis. Statute 48.686. The rules also regroup the department's child care certification and licensing rules that address the same topics in different places, eliminate duplicative provisions, correct errors, and clarify language where needed to ensure proper implementation and administration of the health and safety requirements. For more information visit: <https://dcf.wisconsin.gov/childcare/ccadminrule>

Keep Children Warm This Winter: Dress Them in Layers



1
First layer: Several layers of lightweight clothing, including snug thermal underwear

2
Second layer: Turtleneck, sweater, or a sweatshirt, plus sweatpants or snow pants

3
Third layer: Tightly-woven, water-resistant jacket, plus gloves/mittens and a hat and/or ear warmers

* Check fingers, ears, nose and toes every 15 minutes to make sure they are staying warm.
For more preparedness tips, visit childcareprepare.org

		Temperature (°F)																		
Calm	40	35	30	25	20	15	10	5	0	-5	-10	-15	-20	-25	-30	-35	-40	-45		
Wind (mph)	5	36	31	25	19	13	7	1	-5	-11	-16	-22	-28	-34	-40	-46	-52	-57	-63	
	10	34	27	21	15	9	3	-4	-10	-16	-22	-28	-35	-41	-47	-53	-59	-66	-72	
	15	32	25	19	13	6	0	-7	-13	-19	-26	-32	-39	-45	-51	-58	-64	-71	-77	
	20	30	24	17	11	4	-2	-9	-15	-22	-29	-35	-42	-48	-55	-61	-68	-74	-81	
	25	29	23	16	9	3	-4	-11	-17	-24	-31	-37	-44	-51	-58	-64	-71	-78	-84	
	30	28	22	15	8	1	-5	-12	-19	-26	-33	-39	-46	-53	-60	-67	-73	-80	-87	
	35	28	21	14	7	0	-7	-14	-21	-27	-34	-41	-48	-55	-62	-69	-76	-82	-89	
	40	27	20	13	6	-1	-8	-15	-22	-29	-36	-43	-50	-57	-64	-71	-78	-84	-91	
	45	26	19	12	5	-2	-9	-16	-23	-30	-37	-44	-51	-58	-65	-72	-79	-86	-93	
	50	26	19	12	4	-3	-10	-17	-24	-31	-38	-45	-52	-60	-67	-74	-81	-88	-95	
55	25	18	11	4	-3	-11	-18	-25	-32	-39	-46	-54	-61	-68	-75	-82	-89	-97		
60	25	17	10	3	-4	-11	-19	-26	-33	-40	-48	-55	-62	-69	-76	-84	-91	-98		

Frostbite Times

30 minutes

10 minutes

5 minutes

Wind Chill (°F) = 35.74 + 0.6215T - 35.75(V^{0.16}) + 0.4275T(V^{0.16})

Where, T= Air Temperature (°F) V= Wind Speed (mph)

Effective 11/01/01

Frostbite Times: 30 minutes 10 minutes 5 minutes

Wind Chill (°F) = $35.74 + 0.6215T - 35.75(V^{0.16}) + 0.4275T(V^{0.16})$
Where, T = Air Temperature (°F) V = Wind Speed (mph)

Effective 11/01/01

2020 Census - Children need to be counted!

The Constitution requires an accurate count of the nation's population – a census – every ten years. Unfortunately, the 2010 census missed more than 10 percent of young Children, about 2.2 million children, age four or younger. When we miss young children in the census it has serious consequences for them, their families, their communities and our nation – consequences that last for most of their childhood.

Please, help promote completion of census data in 2020. Visit www.countallkids.org for more information!



CONFERENCE SNAPSHOTS

Wisconsin Infant and Early Childhood Mental Health Conference

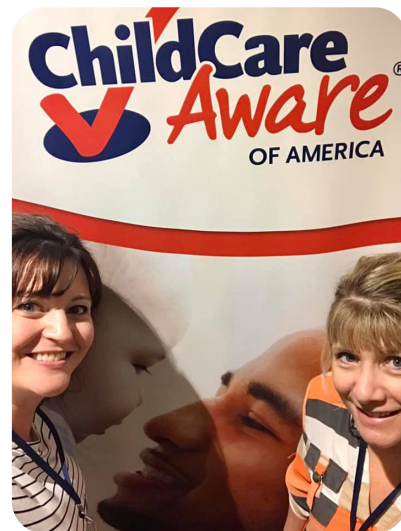


Carrie and Tara attended this annual conference October 14-16 in Elkhart Lake, WI. The conference explored the theme of Reflect, Reconnect, and Rejuvenate. The message was self-care with an invitation to try new ways to learn and grow. Remember that we are all worth taking the time to slow down and invest in ourselves. The various breakout sessions included information on supporting early relationships.



2019 Leadership Institute

Micki and Kelly attended the Leadership Institute October 6-9, in Minneapolis, MN. This year's theme, Exceeding the Vision; Expanding the Possibilities, focused on the urgent work to expand access to high-quality child care for all families.

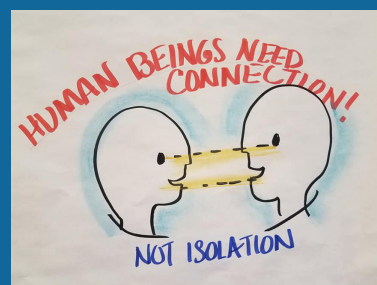
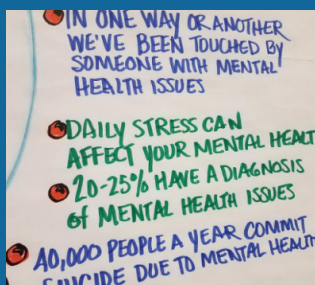
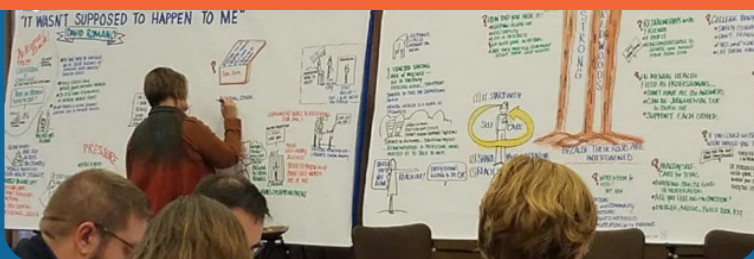


The leadership sessions were designed around the needs of CCR&R leaders to help effect change in communities. Issues such as: corporate connections, family and community engagement, and the changing workforce were discussed. Participants also engaged in discussions around federal and state child care policies that ensure CCR&Rs are part of the growing national conversation.

30th Annual Children Come First Conference



Shelley, Audrey, Andrea, and Linda attended the largest adolescent mental health conference in the state November 11-12, in the Wisconsin Dells. The conference theme was "Cooperation." This year's keynote presentations were transformed into art in-the-moment by graphic recorder Sue Keely, <https://www.suekeely.com/>.



Start with your goal(s), then go searching for your activities:



WMELS B.EL. 1 Demonstrates Understanding of Numbers and Counting as well as

WMELS B.EL.2 Understands Number Operations and Relationships

(these lead into Wisconsin State Standards at Kindergarten of Number Operations in Base 10)

Doing the calendar in an early childhood setting is probably not a good choice of activities. The calendar is based on 7 and the number system we want children to learn is based on 10. (Besides, one month the numeral 1 is in the middle of the row and another month it could be at the end! – very confusing for young children.) I am including an article on calendar time from NAEYC which is

worth reading <https://www.naeyc.org/files/tyc/file/CalendarTime.pdf>. Using 5 and or 10 frames will get your children using mental math in a much better way! There are tons of suggestions of this on Pinterest. Remember you are going there to look with your goal in mind!

Submitted by: Beth Tepper, CESA 9

The 25th Annual Fulfilling the Promise Conference

March 10-12, 2020

Hyatt Regency/KI Convention Center
Green Bay, WI

Register Here: <https://tinyurl.com/ftpconference2020>

The theme "It Takes a Village" showcases the unified community effort that is needed to support the children of Wisconsin to have the best start and childhood possible.

Save the date

for the **No Small Matter** documentary viewing and public event that focuses on child abuse and neglect prevention: Monday, March 2 @ 5:30pm, Stevens Point. Stay tuned to Childcarings weekly email for details.



Here to Help

Highlights a Resource Organization Available to Help -

211 is a free, confidential referral and information helpline and website that connects people of all ages and from all communities to the essential health and human services they need, 24 hours a day, seven days a week. 211 can be accessed by phone or computer. A toll-free call to 211 connects you to a community resource specialist in your area who can put you in touch with local organizations that provide critical services that can improve—and save—lives.

You'll find information about:

- supplemental food and nutrition programs
- shelter and housing options and utilities assistance
- emergency information and disaster relief

- employment and education opportunities
- services for veterans
- health care, vaccination and health epidemic information
- addiction prevention and rehabilitation programs
- reentry help for ex-offenders
- support groups for individuals with mental illnesses or special needs
- a safe, confidential path out of physical and/or emotional domestic abuse

211 is a vital service that connects millions of people to help every year. To get caring help, simply call 211 today.

SAVE THE DATE!



Wisconsin's Collaborative
Leadership Forum
**Promoting Early
Childhood (PEC) ****

March 3 - 5
2020

Hyatt Regency
Green Bay, WI

**

**PEC has a NEW Name:
PROMOTING EARLY CHILDHOOD!**

This change aligns with the DPI's "Promoting Excellence for All" and reinforces that quality early childhood is critical and foundational for all future learning.

Additional Conference Information Coming Soon!



Wisconsin Early Childhood
Collaborating Partners



34TH NATIONAL
**CHILD NUTRITION
CONFERENCE**

April 14-16, 2020 • Hyatt Regency Atlanta

CACFP | SUMMER FOOD | AFTERSCHOOL MEALS

\$20,000 available in scholarships to
National Child Nutrition Conference!

Visit: <https://www.cacfp.org/> for more information.

2.1.1

Get Connected. Get Help.™



Childcaring is supported in part by:



Xav tau kev pab pes/txhais daim ntawv xovxwm
no thov hu tuaj rau
Kao Lai Xiong 715-841-9490
Hnub Monday-Friday 8:30 txog 4:30.

Childcaring will be **CLOSED** on
Tuesday, December 24 and Wednesday, December 25,
Tuesday, December 31 and Wednesday, January 1

Vision

For all Central Wisconsin children to benefit from the best child care possible.

2020 Childcaring Board of Directors

Brad Gast, President

Donna Ginzl, Vice President

Michelle Rantala, Treasurer

Joan Krohn, Secretary

Jane Brandt

Annett Mooney

Tammy Schreiber

Tina Smith

Nancy Vance

Barry West

Childcaring Employee Spotlight

Hello, my name is Linda Francis and I am the Office & Financial Manager at Childcaring. I have always enjoyed working for an organization that supports quality child care and helps families. I serve various finance roles and I also help coordinate programs that assist families who are struggling to pay for child care.

I was born and raised in Upper Michigan. I graduated from Hancock Central High School in Hancock Michigan and received my bachelors from Northern Michigan University. After graduating college, my husband, Neil, and I lived in Milwaukee for 6 years, and then we moved to Wisconsin Rapids in 1989. I was a stay at home mother and provided child care at home for 7 years. I started working at Childcaring in 1997.

I have worked at Childcaring for 22 years. During my employment with Childcaring, I have been a part of many different conferences, trainings, and services, and I enjoy the opportunity to meet people and serve on various committees. I currently serve on the South Wood County Financial Stability Coalition, the Leading the Way Conference Planning Committee, and the Waushara County Child and Families Partner's Committee.

My husband and I enjoy traveling whenever we have an opportunity. We also enjoy cheering on the Brewers! Certainly, my favorite thing to do is spend time with our children, grandchildren, and great-grandson.

What did you enjoy playing most as a child?

As a child my favorite thing to do was play outside with all the neighborhood kids. We played outside for hours and we all had to go home when the street light came on.

